



## Breakfast Cycle Menu Fall 23 Sept-Nov

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Week 1	WG Benefit Bar Fruit choice Milk choice	WG Mini Bagel w/ cream cheese Fruit & 100% Juice choice Milke choice	WG Maple Flatbread Sausage Patty Fruit choice Milk choice	WG Snack Bread Cheese Stick Fruit & 100% Juice choice Milk choice	WG Cinnamon Roll Yogurt Fruit choice Milk choice
Week 2	WG UBR Bar Fruit choice Milk Choice	WG Cherry Apple Crunch Bar Fruit & 100% Juice choice Milk Choice	WG Waffles Fruit choice Milk Choice	WG Snack Bread Cheese Stick Fruit & 100% Juice choice Milk Choice	WG Frudel Yogurt Fruit choice Milk Choice

*Whole Grain cereal offered daily.*

**Menu items are subject to change without notice. This institution is an equal opportunity.**