

St. Dominic School Schoolofstdominic.org 507-645-8136

March 2, 2023

Principal's Corner

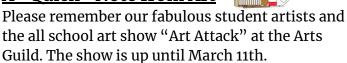
Happy March! What a busy month we have ahead of us! Next week there will be a videographer at school creating a promotional video. This is followed by Saints Night Out on the 18th. Have you purchased your tickets? Before you know it, Spring Break will be here!

Blessings, Jacquelyn Chatelaine

Videographer

On Wednesday, March 8 and Friday, March 10, there will be a videographer at school to create a promotional video. Please make sure that your student is dressed appropriately.

<u>A "Quick" Note from Art</u>



An email invite was sent to all 4th grade parents for the real clay food gallery the mornings of April 17th and 18th. A more personal invite to come!

March Lunch Menu

<u>Dates to Remember</u>

March 3 - Stations of the Cross 1:45- 5th grade leads

- March 9 All School Open House 5-7pm
- March 10 Stations of the Cross 1:45– 6/7th grade leads

March 18 - Saints' Night Out Event

March 21 - POM session: Parenting Pitfalls, 7:00pm

March 27 - 31 No School, Spring Break

- April 3 No bussing
- April 4 No bussing

April 7-10 - Easter break



St. Dominic School inspires children to excel as confident leaders, critical thinkers, and responsible citizens in a Catholic, values-based community.

Saints' Night Out!

A reminder that our pre-sale ticket package is ONLY available until this Friday 3/3! <u>Buy now</u>! SNO WEEKLY NEWSLETTER 2.27.23

Donate to the Live or Silent Auction!

FOR EVERY \$25 GIFT CARD DONATED, YOU WILL RECEIVE 1 HOUR OF VOLUNTEER HOURS.

We are in need of live or silent auction donations.

- Sporting event or musical tickets
- Themed baskets
- Gift cards
- Stay at your condo or cabin
- Hand-crafted items
- Electronics
- Clothing
- Group events (host a baking or cooking class, special dinner or cookout, or yoga class)
- Wine or brewery tours or tastings

Money can also be donated to purchase auction or raffle items, games or prizes. <u>Click here or below to</u> <u>donate!</u>

Night Of Event Info!

Be sure to dress in your best Irish attire – and you could be the big winner!

5 PM: Doors open, check-in begins, silent auction, games, food and drinks.

7 PM: Live auction & program. **8:30 PM:** Shenanigan's Live Band

11 PM: Doors close

More details and information to come here!



BE THE BEST DRESSED AT SAINTS' NIGHT OUT AND WIN!



Peace of Mind and Nurtured Heart

Parent Session in March:

Parenting Pitfalls

March 21 at 7pm

As parents, we are happiest when our children are happy, performing well at school, and getting along with others. When they struggle or stubble, we often suffer for them, worry aout them, and feel compelled to help them through. Sometimes though, well-meanig parents can "help" in a way that actually robs their children of valuable experiences that are necessary to develop courage, conscientiousness, and resilience. In this session, parents will learn how to avoid some common parenting mistakes that can hinder development. <u>Registration Required</u>

If you missed the February webinar, you can access the recording below:



Stress, Anxiety, Perfectionism, and Motivation

All School Open House Volunteering

We have some volunteer opportunities for our All School Open House! Please use the <u>link</u> to sign up!



ALL SCHOOL OPEN HOUSE!

Thursday, March 9th 🛧 5 - 7 PM



Meet the teachers, tour the school & register for the 2023-2024 school year!

Preschool-8th Grade

- The Premier Literacy School
- Right-Sized Classes
- Social Emotional Learning
- Faith and Character Formation
- Specialist Classes Include: PhyEd/Health, Art, Music, SMART, STEM and Spanish
- Middle School Leadership Development



All School Open House

We are hosting an all school Spring Open House on Thursday, March 9th from 5-7pm. Please invite your family, friends and neighbors who may be interested in our program.

This is an opportunity to meet the teachers, enjoy activities and tour the school for all grades including our Middle School Program.

Learn more here!



Attend the Open House as a new prospective or newly registered student and enter to win \$500 off tuition for the 2023-24 school year!



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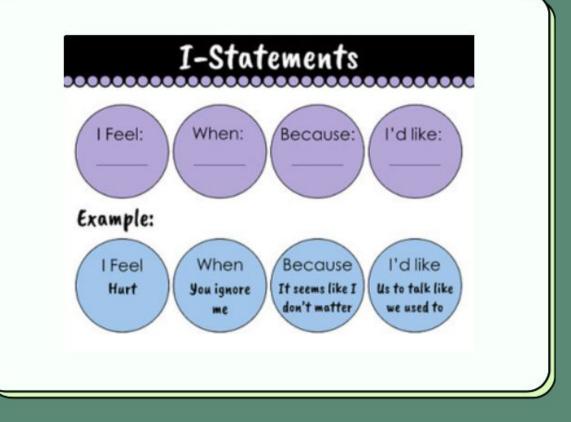
COUNSELOR NEWSLETTER

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CONFLICT RESOLUTION AND "I STATEMENTS"

Conflict resolution is an important life skill for children and adults. One strategy to engage in healthy conflict is "I statements". I statements require active listening, tuning into our own emotions, and expressing how we feel verbally and calmly. I statements do not place blame rather they focus on the feelings



Assertive Communication I-STATEMENTS When I express myself with I-messages, I use a firm and gentle voice and communicate:	
	2 WHEN
My feelings about a behavior / situation	A blame-free description of the behavior that is a problem for me 4 (MY NEEDS)
The effect the behavior has on ME	What I need the other person to do instead
Ifeel annoyed when you keep on checking if I've done	
my homework because it tells me you don't trust me.	
I need to be able to prove that I can do it on my own.	
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