



St. Dominic SCHOOL

Our Foundation. Their Future.

Lunch Balance

Please remember to keep your lunch account balance current. Cash or check can be sent with your child to school to replenish the account. Unfortunately, there is no way to add funds electronically at this time. You will receive an email notification from noreply@sycamoreschool.com when your balance falls below \$10.

2020-2021 School Calendar Update

In July we promised you that we would make a final decision on the calendar for the second semester of the 2020-2021 school year. Last week MDH recommended that all schools look at canceling or adjusting their spring break schedule due to the rise in COVID cases in our state and especially in our own community of Northfield/Rice County. To that end, our School Board has decided to remove Spring Break from our calendar. Given this change, we are able to move up the end date for the school year. Our last day for the 2020-2021 school year will be Friday, May 21, 2021.

We know that this change will cause us to have fewer breaks from instructional time. This is why we are implementing "SDS Fun Days" into our school calendar. These dates: Feb. 26, Mar. 19, and May 7, will be in-school days that are filled with fun activities for our students and staff. They are meant to give students the brain-break that they need, while still helping to keep our school community safe during the pandemic. For questions on the [updated school calendar](#), please contact Mrs. Biren directly.

Halloween 2020

We will celebrate Halloween at school this year on Friday, October 30. Students will be able to bring their costume to change into, and we have fun activities planned throughout the day. Look for more details into next week's newsletter.

Service-a-thon

We are exploring our options for the Service-a-thon this year. Last year, we moved the Traditional Marathon to a Service-a-thon and we had a great response. This year however, we are having to take into consideration additional safety measures. [Please take this brief survey](#) to let us know your thoughts! This event will take place in May 2021.

Box Tops For Education

As a school, we are participating in Box Tops For Education. They have now gone virtual. You just need to download the app, link to St. Dominic School, buy participating products and scan your receipt! No need to clip the box tops anymore. Please look for the informational flyer in your student's backpack. If you still have some tops you have already clipped, please send them in as soon as you can. We need to turn them in by 11/1/2020. Thank you!

Scholastic Virtual Book Fair

What a perfect way to get some of your Christmas Shopping done early! Mark your calendar for 11/2-11/15 for our Virtual Book Fair. Shipping is free on books only. Stay tuned for more details!

Parent Peace of Mind Sessions

There is one October Peace of Mind Mental Health session for parents left this month. We encourage all parents to join the session on Wednesday, October 21 at 6:30pm.



October mental health and wellness with Dr. Jules Nolan

PARENTING SESSIONS

Strategies for Raising Resilient Children

October 8, 6:30 p.m. | October 21, 6:30 p.m.

<https://calendly.com/drjulesnolan/parenting-techniques-to-foster-resilience-in-children>

As parents, we want to make certain that our kids have all of the tools they need to become strong, resilient adults. However, some common parenting strategies can accidentally hinder our children's developing critical skills. This session will focus on parenting strategies that build child and adolescent resilience and includes alternative strategies to parenting missteps. Parents will leave with concrete strategies to build their own resilience and that of their children.