



St. Dominic SCHOOL

Our Foundation. Their Future.

Essential Care During Distance Learning

As with last spring, we will offer Essential Care during our four weeks of distance learning from November 30-January 8. Please use [this form](#) to register for this program. Please note, this is only available for children of Essential Care Workers. There is a list of qualifying workers at the top of the form. The Essential Care Program is free and will be run by Miss Johnson, our Enrichment Teacher. Students will be able to work on assignments from their teachers during this time. We will continue to offer Saint Watch before and after for Essential Care families only. Normal Saint Watch fees will apply.

Morning Drop Off

Thank you to all of our parents for making our Morning Drop Off routine run so smoothly! Given this, we would like to give our 8am Yellow Group the option to begin dropping their children off at school at 7:50am. We have a lull in our drop offs in the morning and can accommodate some earlier arrivals for the 8am group. Also, please note that we will be in the parking lot for drop off until 8:08am each morning. Announcements begin promptly at 8:10am, with class starting at 8:15am. If your child arrives after this 8:08am time, they will need to ring the doorbell to be let into the school.

Mask Check-In

Parents: we are asking that you do a check-in with your child's masks to ensure that they are still fitting properly and are being cleaned on a regular basis. We will also work with students during school to remind them of the proper wearing of a mask to protect themselves and others. MDH has sent out a friendly reminder [video](#) for students on how to properly wear masks.

Fall Conferences

Thank you to everyone who has already registered for a conference with your child's teacher. This year our conferences will be virtual, and they will take place the week of October 12-15. Please access the [schedule here](#) to sign up for a conference time with your child's teacher. You will need to have the Google Meet App on your phone or computer to access the conference. Closer to the date, your child's teacher will send you a meeting link.

Parent Peace of Mind Sessions

The October Peace of Mind Mental Health sessions for parents are listed below. We encourage all to join a session to see how you can help your child through this school year of changes.



October mental health and wellness with Dr. Jules Nolan

PARENTING SESSIONS

Strategies for Raising Resilient Children

October 8, 6:30 p.m. | October 21, 6:30 p.m.

<https://calendly.com/drjulesnolan/parenting-techniques-to-foster-resilience-in-children>

As parents, we want to make certain that our kids have all of the tools they need to become strong, resilient adults. However, some common parenting strategies can accidentally hinder our children's developing critical skills. This session will focus on parenting strategies that build child and adolescent resilience and includes alternative strategies to parenting missteps. Parents will leave with concrete strategies to build their own resilience and that of their children.