



# St. Dominic SCHOOL

**Our Foundation. Their Future.**

## **TOMORROW is our Drive-In Bingo Night!**

We hope you can join us on Friday from 5-7pm in the lower church parking lot! Westy's Shako Shack will serve dinner, dessert and drink. You may purchase food and drink options from 5-7pm. Bingo starts promptly at 6pm. You may play Bingo from your car or bring a lawn chair to sit outside your car. Please remember to social distance and to wear your mask.

## **Fall Conferences**

We have finished our third week of school and are in the middle of our fall NWEA testing cycle. It is time for our Fall Parent/Teacher Conferences. This year our conferences will be virtual. Conferences will take place the week of October 12-15. Please access the [schedule here](#) to sign up for a conference time with your child's teacher. You will need to have the Google Meet App on your phone or computer to access the conference. Closer to the date, your child's teacher will send you a meeting link.

## **Parent Peace of Mind Sessions**

The October Peace of Mind Mental Health sessions for parents are listed below. We encourage all to join a session to see how you can help your child through this school year of changes.



*October mental health and wellness with Dr. Jules Nolan*

## **PARENTING SESSIONS**

Strategies for Raising Resilient Children

**October 8, 6:30 p.m. | October 21, 6:30 p.m.**

<https://calendly.com/drjulesnolan/parenting-techniques-to-foster-resilience-in-children>

As parents, we want to make certain that our kids have all of the tools they need to become strong, resilient adults. However, some common parenting strategies can accidentally hinder our children's developing critical skills. This session will focus on parenting strategies that build child and adolescent resilience and includes alternative strategies to parenting missteps. Parents will leave with concrete strategies to build their own resilience and that of their children.

### **Social Media Specialist**

Kati is looking for someone who specializes in Social Media and Google Ads. If this is something you have experience in, contact her at [katireak@schoolofstdominic.org](mailto:katireak@schoolofstdominic.org) for more information on how you can help make an impact on our recruitment and marketing efforts!

### **Dress Code Reminder**

Now that we are nearing the end of our first month of school, please take a moment to review our approved [School Dress Code Policy](#). Should you have any questions, please feel free to contact Dawn Biren directly at [dawnbiren@schoolofstdominic.org](mailto:dawnbiren@schoolofstdominic.org).