

# October

2020

## St. Dominic School

Menu items are subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 WG Corn dog French Fries Fruit	2 WG Garlic Cheese Bread Marinara Sauce Broccoli Fruit
5 Walking Taco Taco Toppings Refried beans Fruit	6 WG Turkey Flatbread Sandwich Green Beans Fruit	7 WG Spaghetti w/ Meatballs WG Breadstick Broccoli Fruit	8 WG Chicken Patty on Bun Fresh Veggies w/ Hummus or Ranch Fruit	9 WG French Toast Sticks Yogurt Hash brown Patty Fruit
12 WG Sub Sliders Fresh Veggies w/ Hummus or Ranch Fruit	13 Ham and Hash brown Bake WG Banana Bread Green Beans Fruit	14 Hamburger Stroganoff WG Penne Pasta Mixed Vegetables Fruit	15 WG Chicken Wrap w/ Ranch or Caesar Sun Chips Fruit	16 WG Cheese Pizza Corn Fruit
19 Chicken & Rice Hot dish Broccoli Fruit	20 Tator tot Hot dish WG Breadstick Mixed Vegetables Fruit	21 WG Chicken Nugget Drumsticks Italian Pasta Salad Corn Fruit	22 Hamburger on WG Bun Baked Beans Fruit	23 WG Grilled Cheese Sweet Potato Fries Fruit
26 WG Bagel Sandwich Fresh Veggies w/ Hummus or Ranch Fruit	27 Chicken Fried Rice Mixed Veggies WG Egg Roll Fruit	28 BBQ Pork on WG Bun Sweet Potato Fries Fruit	29 WG Chicken Quesadilla Sour Cream and Salsa Peas Fruit	30 WG Garlic Cheese Bread Marinara Sauce Broccoli Fruit

## **Lunch Notes:**

- Please do not hesitate to email me at [kitchen@schoolofstdominic.org](mailto:kitchen@schoolofstdominic.org) with any questions you have about lunch.
- You can access your student's lunch account balance on Sycamore.
- I know sending your child to school for lunch can be concerning if they have allergies. Please don't hesitate to ask about ingredients in meals your child is interested in.
- Please send lunch payments to the school office.
- You can find Meal Benefit applications on the school website in Current Families Tab under Lunch Menu.

### **Lunch Prices:**

Main Entrée Meal = \$3.15 or \$69.30 for October

Sun Butter & Jelly Meal = \$3.15 or \$69.30 for October

Milk Carton = .25 cents

Second entrée = \$1.50

Adult = \$4.15

***(1 milk carton is included in the price for each meal.)***

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, nation origin, sex, age, or disability. To file a complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call [202-720-5964](tel:202-720-5964) (voice and TDD). USDA is an equal opportunity provider and employer.

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2 Walking Taco Toppings Refried Beans Fruit	3 WG Turkey Flatbread Sandwich Green Beans Fruit	4 WG Penne Pasta w/ Meat sauce, WG Breadstick Broccoli Fruit	5 WG Chicken Patty on WG Bun Fresh Veggies w/ Hummus or Ranch Fruit	6 WG French Toast Sticks Yogurt Hash brown Patty Fruit
9 WG Sub Sliders Fresh Veggies w/ Hummus or Ranch Fruit	10 Ham & Hash brown Bake Green Beans WG Banana Bread Fruit	11 Hamburger Stroganoff WG Penne Pasta Mixed Vegetables Fruit	12 WG Chicken Wrap w/ Ranch Or Caesar Sun Chips Fruit	13 WG Cheese Pizza Corn Fruit
16 Chicken and Rice Hot dish Broccoli Fruit	17 Tator Tot Hot dish Mixed Vegetables WG Breadstick Fruit	18 Hamburgers on WG Bun Baked Beans Fruit	19 Turkey 'n' Gravy Mashed Potatoes Green Beans WG Apple Crisp	20 WG Grilled Cheese Sweet Potato Fries Fruit
23 <b>NO SCHOOL</b>	24 <b>HAPPY THANKSGIVING,</b>	25 <b>MERRY CHRISTMAS,</b>	26 <b>&amp; HAPPY NEW YEAR!</b>	27 <b>From the Kitchen</b>
<b><i>Start of Distance Learning.</i></b>				